

# STEPS



**Stockton-on-Tees**  
BOROUGH COUNCIL

The STEPs service was established in 2001 by Stockton Borough Council and is managed within Adults & Health.



# Community Bridge Building

The bridge building service promotes inclusion by assisting and enabling individuals excluded from mainstream community networks to discover, explore and interact with facilities and organisations in their own neighbourhood.



# STEPs works with:

Disabled Adults with an assessed need for services :

- Learning Disabilities
- Mental Health
- Sensory Loss



# Domains

- Employment
- Volunteering
- Education
- Sports & Leisure
- Arts, Culture & Faith
- Health and Wellbeing



# Sporting STEPs

APSE National Award Winner 2017  
Sport Sessions and Health and Wellbeing activities for STEPs clients are adapted to enable people with disabilities to engage in a fun and non-competitive way.



# Client Pathway

- Referral
- Initial Assessment
- Key Worker
- Development Plan
- Support
- Aftercare



# STEPs supports good mental health?

- Person Centred Approach
- Just enough support to ensure success
- Choice and control
- Utilising specialist organisations within the Community
- Partnership working with Mental Health Services
- Robust aftercare service





# STEPs Team

The STEPs team is a well established multi skilled team with a wide knowledge base and many years experience





# Any Questions?

